

Crawford County Health Department

"Promoting Health, Preventing Illness, and Protecting Our Environment"

ANNUAL REPORT

December 1, 2008 to November 30, 2009

202 N. Bline Blvd.
Robinson, IL 62454

Phone (618) 544-8798
Fax (618) 544-9398

Crawford County Statistics:

Estimated Population (2008) 19,555

Adult Health:

Blood Pressure Screenings 847
Blood Sugar Screenings 72
Cholesterol Screenings 45
Coronary Risk Profiles 89
Liver Enzymes 20
Smoking Cessation Participants 4
Drug Screenings 7
Jail Visits 122
Parentage Testing (for DCSE) 13
Lab Specimen Collection 193
Prostate/Colorectal Screenings 84
Women's Health Initiative/Jump Girl Jump 138

Communicable Disease:

Chicken Pox 13
Cryptosporidiosis 1
E. coli 1
Hepatitis 6
Legionella 2
Pertussis 1
Potential Rabies Exposure 5
Salmonella 5
STDs Reported 18
Streptococcus pneumoniae 1

Environmental Health:

Animal Bites 42
Food Complaints 8
Food Inspections 229
Nuisance Complaints 15
Septic Complaints 5
Septic System Inspections 57
Septic System Permits 55
Smoking Complaints 4
Well Inspections 14
Well Permits 12
Well Water Testing 17

Family Health:

High Risk Infant Follow-Up Visits 28
Denver Developmental Screens 406
Edinburgh Perinatal Depression Screens 266
Home Visits-Infant/Children 33
Home Visits -Prenatal 90
Lice Checks 31
Medicaid Presumptive Eligibility 44
Nursing Assessments 201
Social-Emotional Assessments 449
School Physicals 79
Urinalysis 47
Hemoglobin 551
Vision Screenings 361
Hearing Screenings 379
Pregnancy Tests 63

Genetics:

Genetic Screenings 212
Referrals 26

Immunizations:

Total Childhood Vaccinations 3280
Influenza 3135
H1N1 Influenza 4218
Pneumococcal 37
Adult Hepatitis A 13
Adult Hepatitis B 94

Lead Prevention:

Lead Screenings 231

Public Relations:

Media/Radio Releases 85
Presentations Given 17

Tuberculosis:

Skin Tests Given 738
Active Cases 0

WIC:

Assigned Caseload 519
Clients Certified 874
Group Nutrition Sessions Held 98
Receiving Group Nutrition Ed 620
Receiving Ind. Nutrition Ed 542

HEALTH DEPARTMENT SERVICES

Blood Pressure Screening
Blood Sugar Screening
Breastfeeding Support
Cholesterol Screening
Communicable Disease Control
Drug Screening
Emergency Planning & Preparedness
Family Case Management
Food Establishment Inspections
Genetic Screening
Immunizations
Influenza Vaccination
Jail Visits
Jump Girl Jump
Lab Specimen Collection
Lead Screening
Parentage Testing
Pneumococcal Vaccination
Private Sewage Inspections
Private Well Inspections
Prostate Screening
School Health Services
Shingles Vaccination
Smoking Cessation Information
Teen Parent Services
Tobacco Prevention Program
Vision & Hearing Screening
Women, Infants, & Children (WIC)



Smoke-Free Illinois
www.smoke-free.illinois.gov

Illinois Tobacco Quitline:
1-866-Quit-Yes (1-866-784-8937)

FISCAL YEAR 2009 HIGHLIGHTS

Food Sanitation Ordinance

In December of 2008, the Crawford County Board approved a Food Sanitation Ordinance for the County. This ordinance gives the health department additional authority when enforcing food sanitation regulations in county food establishments and will help to keep the public safe when dining in or purchasing food from Crawford County food establishments.

Shingles Vaccine

In January of 2009, the Crawford County Health Department began collaborating with area physicians and pharmacies to administer the shingles vaccine Zostavax. Offering this vaccine helps to expand the services the Health Department provides to Crawford County residents.

2009 H1N1 Influenza

In April of 2009, the 2009 H1N1 (swine) influenza virus was first detected in people. In June 2009, the World Health Organization declared the situation a pandemic. The Crawford County Health Department collaborated with the Illinois Department of Public Health, the Centers for Disease Control and Prevention (CDC), and local agencies to work toward a goal of reducing the transmission & illness severity of H1N1 flu in Crawford County. In October, the Health Department began offering vaccinations for H1N1 flu and administered over 4000 doses of vaccine free of charge to the established priority groups and the general public. The Department received Public Health Emergency Response (PHER) grants for funding expenses associated with H1N1 planning and response. With these funds, the Department hired additional PRN staff to assist with vaccination clinics to be able to meet the community's demand for the H1N1 vaccine. The Department also provided handwashing demonstrations in local elementary schools and public education in an effort to inform the community on ways to prevent contracting H1N1 influenza.

Workplace Wellness

In April of 2009, Crawford County Health Department employees began participating in a 12-week program designed to promote a more healthy lifestyle. In this program, employees simulated traveling to Huntsville, Alabama by walking to achieve weekly mileage goals. Incentives were offered to those completing specific mileage goals throughout the program. Employees were also offered the opportunity to have blood work performed before the program began and after its completion to compare the effects of exercising on their cholesterol and glucose levels, as well as weight loss, blood pressure, and waist measurement. The program was both enjoyable and beneficial to department employees and could potentially serve as a model for other local agencies.

HEALTH DEPARTMENT STAFF

Darla Tracy, RN, BA	Certified Public Health Administrator
Terry Shaffer, RN	Nursing Supervisor
Karen Kapper, RN	Public Health Nurse
Diana Houser, RN	Public Health Nurse
Debbie Pryor, RN	Public Health Nurse
Rhonda Simpson, RN	Public Health Nurse
Patty Patton	Office Manager/Grant Coordinator
Kristi Maxwell, BS	Health Educator/Secretary
Debbie Corder	WIC Clerk
Jodi Krick	Administrative Secretary
Lindsey Cooper	Secretary/Breastfeeding Peer Counselor
Donna Milam, BS, LEHP	Director of Environmental Health & Emergency Preparedness
Jason Kannmacher, BS	Associate Sanitarian
Bobbi Branson*	Administrative Assistant & Executive Secretary to the Board of Health
Valerie Collier, CLC**	Breastfeeding Peer Counselor
Monica Hilderbrand**	Breastfeeding Peer Counselor
Jenna Murphy, RN+	Public Health Nurse
Pam Skaggs, RN+	Public Health Nurse
Debra Waggle, RN, FNP+#	Family Nurse Practitioner
Lynn Phillippe, RN, FNP+#	Family Nurse Practitioner
Kathy Nidey+	Secretary
Sue Richardson+	Secretary
Amy Wright, RN+	Staff Nurse

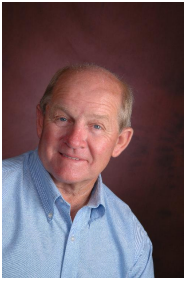
ADDITIONAL H1N1 CLINIC STAFF

Judy Norman, RN+	Staff Nurse
Lori Cramer, RN+	Staff Nurse
Lisa Tracy, RN+	Staff Nurse
Lindsey Griffin, RN+	Staff Nurse
Dalena Ralston+	Secretary

* Part-time ** Part-Time Temporary + PRN (as needed)

School Physicals only

BOARD OF HEALTH MEMBERS 2009



Joe Bliss
President



Susan Inboden, R.N.
Vice-President



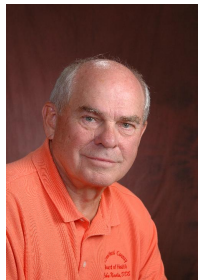
David Rotman, M.D.
Medical Director



Bob Bowen
Secretary



William Bedwell, O.D.



John Newlin, DDS



Bonnie Finn



Robert Walsh, D.O.

COUNTY BOARD MEMBERS 2009

Joe Bliss, Chairman
David Fulling
Jerry Ping
Charles L. Rains
Don Richart

John M. Sutfin, II
Robin Guyer
Shirley Treadway
Chad Wells
Ron Williamson

MISSION STATEMENT

The mission of Crawford County Health Department is to prevent disease and to assist in the maintenance of optimum health for the citizens of Crawford County through the assessment of needs, development of policy, provision of education, and the assurance of services.

Flood Expense Reimbursement

In May of 2009, the Crawford County Health Department was awarded approximately \$8,000 from the Greater Wabash Regional Planning Commission to help with flood expenses incurred from response to the 2008 flooding. The Department continues to work with 2008 flood victims who wish to apply for additional relief funding through Illinois Department of Human Services grant funding.

KidneyMobile

In July of 2009, the Crawford County Health Department hosted the KidneyMobile, which is supported by the National Kidney Foundation of Illinois. Free kidney and diabetes education and screening services were offered by medical professionals with the KidneyMobile. Approximately 80 individuals took advantage of the services offered and two possible cases of diabetes were diagnosed while the KidneyMobile was stationed at the Health Department. Health Department employees assisted in providing technical services offered by the KidneyMobile. More information about the KidneyMobile can be found at www.kidneymobile.org.

Did You Know...

- * Abandoned water wells in Illinois are required to be sealed within 30 days of being abandoned? We can provide you with the proper procedures and methods to seal an abandoned water well.
- * Free international travel consultation is available at Crawford County Health Department? Information is provided on health and safety including vaccine assessment for clients traveling to another country.
- * A family of four earning \$785 per week can qualify for the Women, Infants, and Children (WIC) program?
- * Most people bitten by a mosquito infected with West Nile virus will experience no symptoms of the disease or will have only mild symptoms?

Thank You...

The Health Department would like to thank Teresa Ikemire who donated her time to paint the playroom in the office waiting area in an underwater theme with characters from the movie *Finding Nemo*.

COMMUNITY EMERGENCY PREPAREDNESS

Crawford County Health Department, like most public health departments, has a leading role in preparing for major emergency health threats from bioterrorism agents and pandemic influenza. To protect our community, emergency preparedness plans must be designed, exercised, and improved upon regularly in order to provide emergency medication dispensing and vaccinations. In Fiscal Year 2009, the health department participated in a Strategic National Stockpile (SNS) drop-site event in which a supply of antivirals and personal protective equipment was received. In response to the H1N1 influenza pandemic, the Health Department provided public education on preventing the flu and administered over 4,000 doses of H1N1 influenza vaccine. The Department also continues to recruit volunteers, both medical and non-medical, for assistance with emergencies and disasters. The Health Department's website (www.cchd.net) continues to provide the public with emergency preparedness resources and public health information.

ILLINOIS PROJECT OF LOCAL ASSESSMENT OF NEEDS (IPLAN)

The Illinois Project for Local Assessment of Needs (IPLAN) is a guide to improving the health of county residents. The plan involved assessment of health needs and collaboration among community partners to address those needs. Crawford County Health Department and community residents identified Crawford County's most significant health problems as:

- ◆ Metabolic Syndrome
- ◆ Cancer
- ◆ Lung Disease

Metabolic syndrome is defined as a constellation of conditions that place people at high risk for coronary artery disease. These conditions include type 2 diabetes, obesity, high blood pressure, and a poor lipid profile with elevated LDL cholesterol, low HDL cholesterol, and elevated triglycerides. (Definition from www.medterms.com.)

To help improve the health of county residents, in Fiscal Year 2009, the Health Department hosted the KidneyMobile to provide kidney and diabetes screening and education to area residents. The program was well received by its participants.

The Health Department continues to provide information regarding smoking cessation to help reduce the prevalence of lung disease in county residents. Blood pressure, blood sugar, and cholesterol screenings and prostate and colorectal screenings are also offered throughout the year in an effort to assist county residents in monitoring their health.

TO THE CITIZENS OF CRAWFORD COUNTY

On behalf of the Crawford County Board of Health, we welcome your review of the 2009 Annual Report of the Crawford County Health Department. This report is a statistical picture of the activities of Crawford County Health Department for the fiscal year December 1, 2008 through November 30, 2009 as we continue our efforts to promote and protect the health of Crawford County residents.

Everyday, the Health Department has a role in your life. Public Health improves the quality of life by promoting disease prevention. The Department provides support and education in the areas of communicable disease, food safety, sewer compliance and smoke-free laws. The Health Department also provides immunizations, health screenings, and health education to promote healthy lives. Our Department will continue to develop programs to benefit the entire community, and ensure that the residents of Crawford County have a clean, safe and healthy environment, along with access to health care services.

2009 was a very demanding year with H1N1 clinics and activities. The strain on staff, workload, and operation of the daily departmental functions was significantly overwhelming. Their dedication to assure the clinics operated as smoothly as possible while maintaining their normal day to day workload to meet this pandemic need is commended.

Appreciation is expressed for the guidance and support of the Crawford County Board of Health and the County Board. We are especially appreciative for the continued support our staff and programs receive from the residents of Crawford County.



Darla K. Tracy, RN, BA
Certified Public Health Administrator



Joe Bliss
Board of Health President

Crawford County Health Department Unaudited Financial Statement

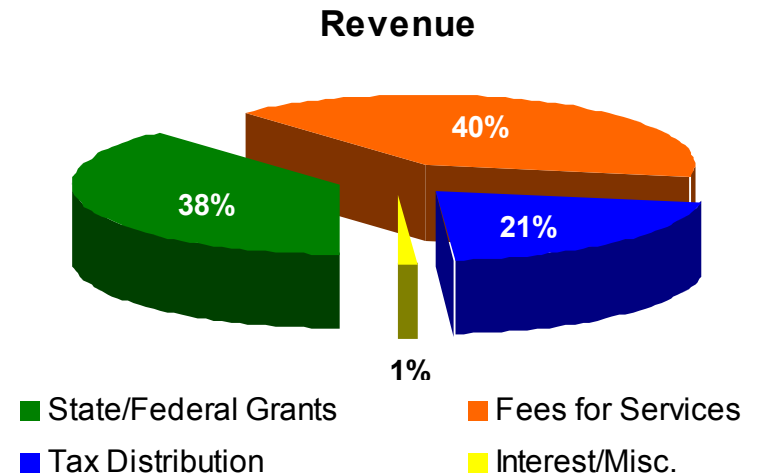
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Revenues

State/Federal Grants	\$ 313,321.89
Fees for Services	\$ 322,669.25
Tax Distribution	\$ 175,178.66
Miscellaneous	\$ 7,976.95
Total Revenue	\$ 819,146.75

Expenses

Personnel Costs	\$ 557,936.70
Capital Outlay	\$ 3,840.35
Commodities	\$ 62,184.85
Contractual	\$ 34,168.55
Debt Service / Occupancy Cost	\$ 61,841.05
Telephone	\$ 6,143.21
Travel	\$ 12,712.75
Miscellaneous	\$ 1,868.41
Total Expenses	\$ 740,695.87



Crawford County Health Department



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16th Annual Report

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