

2022

Crawford County Community Resource Directory



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This directory is maintained and distributed by the Crawford County Health Department. For suggestions or revisions, please email: info@cchd.net



Revised 5/2/22



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24-HOUR NON-EMERGENCY TELEPHONE NUMBER

Connects people with community info and services
Calls are free, anonymous, and confidential

TEXT IT: 898211

WEBSITE: www.findhelp211.org

OR CALL: 888-865-9903

Get live assistance with

- Food and shelter
- Counseling and mental health services
- Income and employment support
- Help for elderly and people with disabilities
- Resources for children and families

This service
provided by:



United Way
of Crawford County

EMERGENCY

Emergency – Dial 911

Local County Sheriff's Offices:

Crawford County Sheriff	203 S. Jefferson St.	Robinson, IL 62454	618-546-1515
Jasper County Sheriff	106 E. Morgan St.	Newton, IL 62448	618-783-3057
Lawrence County Sherriff	1306 Lexington Ave.	Lawrenceville, IL 62439	618-943-5766
Richland County Sheriff	211 W. Market St.	Olney, IL 62450	618-395-7481

Local City Police Offices:

Hutsonville Police Department	113 S. Main St.	Hutsonville, IL 62433	618-563-4700
Newton Police Department	108 N. Van Buren	Newton, IL 62448	618-783-8478
Oblong Police Department	202 S. Range St.	Oblong, IL 62449	618-592-4715
Palestine Police Department	301 S. Main St.	Palestine, IL 62451	618-586-2464
Robinson Police Department	300 S. Lincoln	Robinson, IL 62454	618-544-2217

Local Fire Departments:

Annapolis Fire Department		Annapolis, IL 62413	618-569-4911
Flat Rock Fire Department	205 S. Main St.	Flat Rock, IL 62427	618-584-3411
Hutsonville Fire Department		Hutsonville, IL 62433	618-563-4700
Newton Fire Department	106 E. Morgan St.	Newton, IL 62448	618-783-8477
Oblong Fire Department	111 W. Main St.	Oblong, IL 62449	618-592-4513
Palestine Fire Department	104 E. Harrison	Palestine, IL 62451	618-526-2122
Robinson Fire Department	400 S. Jackson	Robinson, IL 62454	618-544-2955

Poison Control:

For a poison emergency in the United States call:

800-222-1222

National Suicide Prevention Hotline

800-273-TALK (8255)

Hotline- Suicide Prevention		
Depression Hotline	630-482-9696	
National Hope Network	800-784-2433 800-442-4673	www.hopeline.com
National Suicide Prevention Lifeline	800-273-8255	Suicidepreventionlifeline.org
Suicide Prevention Hotline	800-784-2433	
RBHN	866-567-2400	

ABUSE

Adult Protective Services

888-715-6260

Aging Senior and Elder Abuse Hotline

800-252-8966

800-279-0400

CAISA (Counseling and Information for Sexual Assault and Abuse)

10499 N. State Hwy, Robinson, IL 62454

618-544-9379

Crisis Line: 866-288-4888

Child Abuse and Neglect Helpline

800-252-2873

Child Advocacy Center / Guardian Center

Sheryl Woodham, Executive Director (Carmi)

Kim Russell and Sydney Slaughter

1108 N. Allen, Robinson, IL 62454

618-546-2414

Crime Victims Assistance Line

800-228-3368

DCFS (Department of Children and Family Services)

618-393-2015

800-252-2873

Domestic Violence Assistance Line

800-799-SAFE

Drug Abuse

800-Cocaine

Nursing Home Information and Abuse

800-252-4343

Public Aid/Medicaid Fraud and Abuse

618-544-3151

800-843-6154

Rape Action Hotline

800-334-2094

SWAN (Stopping Woman Abuse Now)

618-392-3556 or 888-715-6260

BASIC NEEDS - FOOD

Palestine Food Pantry

500 W. Porter Street
Monday 1-3 PM and Wed 5-6 PM

Robinson Area Food Pantry

602 E. Pine, Robinson, IL 62454
Patty Murphy: 618-562-1428
Service area is West of Rt 1 to the Jasper County Line, North to the Clark County Line and South to the Lawrence County Line.
Wednesdays 9:30am – 11:30am
2nd & 4th Monday 5:00-6:00 p.m.

Oblong Food Pantry

Central United Methodist Church
112 North Range, Oblong, IL 62449
618-592-3217 (leave message)
Every 3rd Monday 8:30-10:00 a.m.

Robinwood Assembly of God

11157 N Trimble Rd. Robinson, IL 62454
Jerrold Mikeworth: 618-553-7748
2nd Tuesday of the month: 1:00-2:30 p.m.
4th Tuesday of the month: 4:30-6:00 p.m.

Upper Room Street Ministries Mobile Food Pantry

By appointment
Pastor Lon Estep: 618-421-5329

Willow Hill Food Pantry

Open 4th Thursday 10am - 12pm
206 West Main Street, Willow Hill, IL
Serves Willow Hill and surrounding area

Soup Kitchen/Free Meals

Ark of the Covenant
503 E. Hazel Street, Robinson, IL 62454
618-544-5761 or 812-697-2116
2nd and 4th Thursday 3:00–6:00 p.m.

Nutrition Assistance Programs

SNAP, Supplemental Nutrition Assistance Program (Food Stamps)

Department of Human Services (DHS)
1110 N. Allen, Robinson, IL 62454
618-544-3151

WIC, Women, Infants, Children

WIC provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5.

Crawford County Health Department
202 N. Christopher Blvd. Robinson, IL 62454
618-544-8798
www.cchd.net

NOW Program (Nutrition On Weekends)

The NOW Program is a community effort to target childhood hunger. The program provides healthy, ready-to-eat nutritional foods for children during the weekend. The NOW Program also helps supply clothes, toiletries and school supplies to students.

NOW Program - Robinson
First United Methodist Church
201 W. Walnut St.
Robinson, IL 62454
618-544-8016 or
Kirbie Ackman 618-553-7824

NOW Program - Palestine
609 W. Market St.
Palestine, IL 62451
Mary Michael 618-553-7937

NOW Program - Hutsonville
Hutsonville Grade School
500 W. Clover
Hutsonville, IL 62433
Diana Stephens 618-563-4812

SHELTER

Homeless Shelter (SWAN)

Olney, IL
618-392-3556 or 888-715-6260

SWAN/Adult Protective Services (In addition to shelter, they provide legal advocates, orders of protection, etc.)

Olney, IL
618-617-1074

Lighthouse Mission/Conner Center

Terre Haute, IN
For men, women, and children 812-232-7001

Safe Families for Children

Roger Balfour/So. IL. SFFC Director Baptist Children's Home & Family Services (618) 382-4164

www.safe-families.org/

*Safe Families for Children offers a safe place for children of families who are experiencing problems such as family illness or severe poverty, who are at risk for abuse and neglect in their home environment or whose parents are unable to care for them in a time of crisis.

CLOTHING/HOUSEHOLD SUPPLIES/FURNITURE

Crawford County Clothing Center
12767 E. 1050th Ave., Robinson, IL 62454
618-544-7644
Monday 1 to 3 p.m.
Tues, Thurs, Friday 9 a.m. to 11 am. And 1 to 3 p.m.

Heartland Helping Hands
Heartland Baptist Church, Hutsonville, IL 62433
Wednesday 6:00 to 7:30 p.m. or by appointment 618-563-9991

Lydia's Closet – Check Facebook page or call for hours
801 E. Wisconsin St., Oblong, IL 62449
618-553-1021

NOW Program - Robinson
First United Methodist Church
201 W. Walnut St.
Robinson, IL 62454
618-544-8016 or
Kirbie Ackman 618-553-7824

NOW Program - Palestine
609 W. Market St.
Palestine, IL 62451
Mary Michael 618-553-7937

NOW Program – Hutsonville
Hutsonville Grade School
500 W. Clover
Hutsonville, IL 62433
Diana Stephens 618-563-4812

FINANCIAL/UTILITY/MEDICINE ASSISTANCE

Benevolence – Free Methodist Church

301 S. Robb St.
Sheila Ducommon: 618-562-1026
Limited one-time assistance; does not pay deposits on utilities or housing
Open Tuesdays 10 a.m. to 2 p.m.

Catholic Charities

217-857-1458
Financial assistance for medication and basic needs, including rent and utilities, as funds are available.

Department of Human Services (DHS)

1110 N. Allen, Robinson, IL 62454
618-544-3151

Embarras River Basin Agency (ERBA)

100 Washington, Robinson, IL 62454
618-544-8780

Robinson Township

200 W. Chestnut, Robinson, IL 62454
7:00 a.m. – 3:30 p.m. Monday-Friday
618-546-5414

South-Eastern Illinois Are Agency on Aging

Mary Higgins – 618262-2306 EXT. 21

This agency offers several programs to assist senior citizens including:

- Grandparents raising Grandchildren – This program provides assistance defraying costs of raising grandchildren.
- License Plate discount – Offers reduced license plate renewal fees for seniors.
- Respite – in home care service for caregivers who need a break.
- SHIP – Senior Health Insurance Programs, helps seniors and those with disabilities navigate Medicare options and billing issues.
- Senior Employment Assistance Programs
- Legal assistance
- & Much More

For assistance with legal documents and cost regarding raising grandchildren contact
Les Smith

618-445-2100

lesliewaynesmith@aol.com

Effingham City County Committee on Aging

Serves Crawford, Jasper & Effingham Counties. Offers Homemaker services such as cleaning, cooking, laundry etc. for persons 60 and older at no cost for those who qualify. Program is asset based rather than income based. Also offers Emergency Home Response assistance.

209 South Merchant Street
Effingham, IL 62401
Phone: (217) 347-5569

Clay County Senior Services

Serves Clay, Richland & Lawrence Counties. Offers Homemaker services such as cleaning, cooking, laundry etc. for persons 60 and older at no cost for those who qualify. Program is asset based rather than income based. Also offers Emergency Home Response assistance.

832 W. North Avenue C-2
Flora, IL 62839-1033
Phone: (618) 662-7304

Crawford County Senior Center – Robinson

Open M-F/Hours 8:00 a.m.–2:00 p.m.
300 S. Lincoln St.
Robinson, IL 62454
618-544-8811
Director - Cathy Holley

Crawford County Senior Center – Oblong

Open M-F/Hours 8:00 a.m.–2:00 p.m.
501 E Main St.
Oblong, IL 62449

Jasper County Senior Center

Open M-F/Hours 7:00 a.m.–3:00 p.m.
904 W. Jourdan St.
Newton, IL 62448
618-783-3660
Director Jane Carroll

Lawrence County Senior Center - Main Site

Open M-F/Hours 8:00 a.m.–2:00 p.m.
1705 12th Street
Lawrenceville, IL 62439
618-943-2177
Directors – Ynonne DeKnikker & Yvette Coomes
Satellite location in St. Francisville & Bridgeport offer meals

HOUSING

Section 8 Housing
(Menard Co. Housing Authority)
217-632-7723

MACO Management
618-544-8645

Quality Housing
618-544-2254

Meadows Apartment
618-546-5518

Lawrence County Housing Authority
618-943-4762

Richland County Housing Authority
618-395-2571

Assisted Living Facilities:

Brookstone Estates	1101 N. Monroe	Robinson, IL 62454	618-544-4663
Timber Creek Village	1302 W. Highland	Robinson, IL 62454	618-544-8877

Nursing Homes:

Robinson Rehab & Nursing	600 E. Robinwood Dr.	Robinson, IL 62454	618-544-3192
Ridgeview Care Center	413 Ridge Lane	Oblong, IL 62449	618-592-4228
United Methodist Village	2101 James Street	Lawrenceville, IL 62439	618-943-3444

MEDICAL

Local Hospitals:

Crawford Memorial Hospital	1000 N. Allen St.	Robinson, IL 62454	618-544-3131
Good Samaritan Hospital	520 S. 7 th St.	Vincennes, IN 47591	812-882-5220
Lawrence County Memorial	2200 State Street	Lawrenceville, IL 62439	618-943-1000
Regional Hospital	3901 S. 7 th St.	Terre Haute, IN 47802	812-232-0021
Richland Memorial Hospital	800 E. Locust St.	Olney, IL 62450	618-395-2131
Union Hospital	1606 N. 7 th St.	Terre Haute, IN 47804	812-238-7000

Rural Health Clinics:

CMH Centralized Scheduling			618-544-8500
CMH Rural Health Clinic	209 E. Grand Prairie	Palestine, IL 62451	618-586-2153
CMH Rural Health Clinic	1366 E. 1050 th Ave.	Oblong, IL 62449	618-592-3119
CMH Rural Health Clinic	1101 N. Allen	Robinson, IL 62454	618-544-3125
Good Samaritan Occupational Health & Acute Care Clinic	1404 E. Main Street	Robinson, IL 62454	618-544-8333

Free Medical Clinic:

Saint Ann Clinic	1436 Locust St.	Terre Haute, IN 47807	812-232-7447
Open Tuesday and Wednesday - Come before 9 a.m. Indiana time, sign in and then return at 12:30 p.m. Indiana time to get a number and wait to be called to see a doctor.			

Public Health:

Crawford County Health Dept.	202 N. Christopher Blvd.	Robinson, IL 62454	618-544-8798
Open Monday, Wednesday, and Thursday 8 a.m. to 5 p.m. Open Tuesday 8 a.m. to 7 p.m.			

Crawford County Medical Reserve Corps:

Dara Potts, P&P Coordinator Crawford County Health Dept.	202 N. Christopher Blvd.	Robinson, IL 62454	618-544-8798
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Dental Assistance:

For dentists accepting Illinois Medicaid Card contact Dentaquest at 888-286-2447			
Pippin Dental - Accepts IL Medicaid (kids only)		Terre Haute, IN	812-466-6527
Marion Eye Center of Olney, Flora & Effingham (accepts IL Medicaid)			

Eye Glass Assistance:

Lion's Club (Tom Bailey)		618-544-8707	618-544-9599
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Social Services:

Crawford Memorial Hospital (Advance Directives/DNR forms, etc.) Amber Parker	1101 N. Allen	Robinson, IL 62454	618-546-2526
Division of Rehabilitation Services (Vocational Rehabilitation & Home Service)	1112 S. West St.	Olney, IL 62450	618-395-2147
UIC Division of Specialized Care for Children	1102 S. West St.	Olney, IL 62450	618-395-8461

Intellectual/Development Disability:

Lawrence Crawford Association for Exceptional Citizens (Training facility to improve vocational & educational skills.)	905 W. Mulberry	Robinson, IL 62454	618-546-5625
Southern Illinois Case Coordination Services, Inc. (Contact for assessment to be put on PUNS list for services.)	140 S. Locust 2 nd Floor P.O. Box 588	Centralia, IL 62801	800-828-7422 618-828-7422

Disability Respite Program:

Community Support Systems offers a respite program that provides parents and caregivers short-term relief and break time away from their child/adult family member with a disability. Please call 217-717-8015 to inquire about eligibility and enrollment.

Medicare Part-D Sign-Up

Catholic Charities
217-857-1458 (Sister Kathleen)

Tax Preparation Assistance
(Less than \$60,000 income)

Catholic Charities
217-857-1458 (Sister Kathleen)

MENTAL HEALTH SERVICES

National Suicide Prevention Hotline: 1-800-273-TALK (8255)

Lawrence County Behavior Health 24/7 Crisis Line: 618-943-5766

Crawford County Health Department

Telepsychiatry

Paras Harshawat, M.D., Psychiatrist, Harsha Behavioral Center
Ages: All age groups
Billing: Medicaid and most insurances.
For Appointment: Call Harsha Behavioral Center at (812)234-4899
Location: 204 W. Highland Ave. #A Robinson, IL 62454

Psychiatry

Jeanne Holdren, APN-BC, Lawrence County Health Department
Ages: 9 years and above
Billing: Medicaid and most insurances
For Appointment: Call (618)943-3754
Location: 204 W. Highland Ave. #A Robinson, IL 62454

Yanci Shroyer, PMHNP, Lawrence County Health Department.
Ages: Adolescents and adults.
Billing: Medicaid and most insurances.
For Appointment: Call (618) 943-3754

Counseling

Racheal Winter, MS, CRC, QMPH, Lawrence County Health Department
Ages: Adolescents and above
Billing: Medicaid and most insurances
For Appointment: Call (618)943-3754
Location: 204 W. Highland Ave. #A Robinson, IL 62454

Substance abuse counseling

Jodi Stone, BS, MPH, Lawrence County Health Department
For Appointment: Call (618)943-3754
Location: 204 W. Highland Ave. #A Robinson, IL 62454

Agape Christian Counseling

Rich Swisher, MSW, LCSW
Highland Church of Christ
500 W. Highland Ave.
Robinson, IL 62454
618-553-2622
agape-christiancounseling.org

- Christian Counseling, Grief Counseling, Addictions, Individual, Couple, Family Counseling, Marriage and Group Counseling

Crawford Memorial Hospital

Holly Harmon, PMHNP-BC
Rural Health Clinic - Oblong
13660 East 1050th Ave
Oblong, IL 62449
618-592-3119

Holding Hope Counseling

Angela Newlin, LPC
201 W. Walnut St., Robinson, IL 62454
618-469-1020
angela_newlin@yahoo.com

- Individual Counseling Sessions
- Christian Counseling
- Child & Adolescent Counseling
- Play Therapy
- Sand Tray Therapy
- Sliding scale fee; does not bill insurance

Jasper County Counseling Center

Jasper County Health Department
106 Edwards Street
Newton, IL 62448
618-783-4154

- Mental Health & Substance Abuse
- Accepts Medicaid & most insurances
- Counseling for children & adults

Lawrence County Behavioral Health

Lawrence County Health Department
11020 State Rd. 250
Lawrenceville, IL 62439
618-943-3754

CAISA (Counseling and Information for Sexual Assault/Abuse)

10499 N. State Hwy, Robinson, IL 62454
618-544-9379
24 Hour Crisis Line: 866-288-4888

4 Trauma informed counselors on staff, work with all ages at no cost to the individual/family. Offices in Robinson & Olney.

One Hope United – Youth Services

One Hope United increases opportunities for children and families by providing quality solutions that enhance lives, communities and futures. Services offered but not limited to:

- Comprehensive Community-based Youth Services (CCBYS)
- Functional Family Therapy (FFT)
- Screening Assessment and Support Services (SASS)
- Intensive Placement Stabilization (IPS)
- Intact Family Services Program
- Multi-Systemic Therapy (MST)
- Foster Grandparent Program

Local Offices:

1901 S. 4th Street, Suite 213
Effingham, IL 62401
217-347-5880
Crisis Hotline: 217-342-6777

4110 N. Water Tower Place
Mt. Vernon, IL 62864
618-242-8266
Crisis Hotline: 618-242-8266

218 East Main St
Olney, IL 62450
618-395-8656
Crisis Hotline: 618-393-6001

For more information on services or additional locations please visit OneHopeUnited.org

True North Psychological Services

Valerie Weck
204 W. Highland Ave.
Robinson, IL 62454
812-269-2306

www.truenorthpsychologicalservices.com

- Specializes in Anxiety Disorders, Depression, Trauma, Relationship Issues
- EMDR-trained
- BrainPaint Provider
- Accepts Medicare & most insurances

Psychology Specialists, Inc.

Jodi Wiman, LCPC
103 West Main, Suite 5
Oblong, IL 62449
618-592-3116
Tele-Health Service 1-888-428-7890

- Individual, family, couple counseling; general mental health, pain management, psychological testing and evaluation

Life Links

Olney Health Center
1200 N East St.
Olney, IL 62450
618-392-3828

Rick Tarpley, MHP
Leslie Holloman, MS, QMHP
Tammy Wyman, RN, Wellness Coach and Health Education

- Seeing patients age 5 and up for outpatient and family counseling
- Accepts Medicaid only

SUBSTANCE ABUSE:

Agape Christian Counseling

Rich Swisher, MSW, LCSW
Highland Church of Christ, 500 W. Highland Ave., Robinson, IL 62454
618-553-2622
agape-christiancounseling.org

Substance Abuse Counseling

Lawrence County Health Department Behavior Health
618-943-3754

Illinois Helpline for Opioids and Other Substances

www.helplineIL.org or 833-2FINDHELP (833-234-6343)

Jasper County Counseling Center

Jasper County Health Department
106 Edwards Street
Newton, IL 62448
618-783-4154

- Mental Health & Substance Abuse
- Accepts Medicaid & most insurances
- Counseling for children & adults

SUPPORT GROUPS

Alcoholics Anonymous Meetings:

Robinson

The First Step – Robinson IL Sober Community Center	208 S. Franklin St.	Robinson, IL 62454	618-554-1676
• Meets Mondays at 7 p.m. AA			
Our Redeemer Lutheran Church	801 W. Emmons	Robinson, IL 62454	618-546-5210
• Meets Fridays at 7:30 p.m. AA			

Lawrenceville

Teen Center (Behind Subway)	1000 Walnut St.	Lawrenceville, IL 62439	618-943-5319
• Meets Sundays at 10 a.m. & Wednesdays at 7 p.m. AA			

Olney

First Church Olney	1401 N. Silver St.	Olney, IL 62450	618-393-7436
• Meets Tuesdays & Thursdays at 7 p.m. AA			

Newton

Free Methodist Church	201 E. Reynolds	Newton, IL 62448	618-783-2229
• Thursday at 7:30 p.m. AA			

Narcotics Anonymous:

The First Step – Robinson IL Sober Community Center	208 S. Franklin	Robinson, IL 62454	618-544-1676
• Meets Tuesdays & Thursdays at 7 p.m. NA			
Marshall Public Library	612 Archer Ave	Marshall, IL	217-826-2535
• Meets Mondays & Fridays at 6:00 p.m. NA			
First Church	Cherry St.	Olney, IL	
• Meets Thursdays at 6:00 p.m. NA			
Scott Avenue Christian Church	404 S. Scott Ave.	Newton, IL	618-783-3744
• Meets Thursdays at 6:00 p.m. NA			

AI-Anon:

Willow Hill United Methodist Church	10725 N ST HWY 49	Willow Hill, IL 62480	618-322-0352
<ul style="list-style-type: none"> Meets Thursdays at 7:00 p.m. 			

The First Step - Robinson IL Sober Community Center

208 S Franklin St.
Robinson, IL 62454
618-554-1676

Our mission is to provide a safe, central location for recovery meetings and sober events for the communities of Crawford and surrounding counties

Crawford County L.I.F.E.

Crawford County L.I.F.E. is a local group that promotes mental health through education, advocacy, and focuses on creating healthier lifestyles for individuals and families in Crawford County. Check them out on Facebook at www.facebook.com/groups/469891659853392/



Celebrate Recovery:

Celebrate Recovery is a Christ centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind

Highland Church of Christ	500 W. Highland Ave.	Robinson, IL 62454	618-592-4541
<ul style="list-style-type: none"> Every Wednesday at 6:30 p.m. 			
New Beginnings Church	8622 IL-130	Newton, IL 62448	618-783-5804
<ul style="list-style-type: none"> Every Tuesday at 6:30 p.m. 			
The Edge	105 Cumberland St.	Willow Hill, IL 62480	618-804-0713
<ul style="list-style-type: none"> Every Tuesday at 6:30 p.m. 			

Foster Parent Support Group:

Highland Baptist Church Nori Stephens-Bilyew	400 W. Highland Ave.	Robinson, IL 62454	618-553-5412
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Grief Support Groups:

Free Methodist Church	301 S. Robb St	Robinson, IL 62454	618-544-7531
<ul style="list-style-type: none"> Meets Thursdays, please call to confirm times 			
Healing Hearts Support Group First Baptist Church	301 S. Jefferson	Robinson, IL 62454	618-544-3214
<ul style="list-style-type: none"> 2:30-4:30 p.m. on Sundays 			

TRANSPORTATION

Rides Mass Transit

1307 W. Mulberry
Robinson, IL 62454
618-544-8800

First Transit

Medicaid Prior Approval

1-866-389-7536

(Have Medicaid #, location, date and phone number where you are going)

National and State Hotlines and Warm Lines

Hotline- Central Illinois		
Alcoholics Anonymous	217-525-5795	
Disaster Distress Helpline	800-985-5990	
Narcotics Anonymous	800-539-0475	
Parent Helpline	217-544-5808	
Rape Information and Counseling	217-753-8081	
Text Crisis Line	talkWithUs to 66746	
Youth Services Bureau	217-529-8300	
Hotline-Other		
AIDS/HIV and STD Hotline	800-243-2437	
Al-Alateen Monday-Friday 8am-6pm EST	888-425-2666	http://www.al-anon.alteen.org/
Center For Missing Children	800-843-5678	http://crisiscallcenter.org/crisisserveices.html
Child Find	800-292-9688	
Cutting /Self Injury	800-366-8288	
Help Me Grow for women who are pregnant and drinking	800-323-4769	
Missing/Exploited Children Hotline	800-843-5678	
National Association of Anorexia Nervosa and Associated Disorders	630-577-1330	www.anad.org
National Counseling on Compulsive Gambling	800-522-4700	
National Eating Disorders Association	800-931-2237	www.nationaleatingdisorders.org
The National Institute on Alcohol Abuse and Alcoholism	800-662-4357	http://www.niaa.gov
National Institute of Mental Health Information	866-615-6464	
Postpartum Support International	800-944-4773	http://postpartem.net
Sexually Transmitted Diseases Hotline	800-227-8922	
State Wide Senior Citizen Hotline	800-252-2518	
Tragedy Assistance Program for Survivors	800-959-8277	
Veteran's Crisis Line	800-273-8255 press 1	
Hotline- Sexual Abuse Rape and Domestic Violence Hotlines		
Domestic Violence Crisis Services- Danville, IL	217-443-5566	
HOPE	888-345-3990	
Loveisrespect	866-331-8453	
National Domestic Violence Hotline	800-656-7233	
National Human Trafficking Resource Center	888-373-7888 Text BeFree (2333733)	
Prairie Center Against Sexual Assault	217-753-8081	
RAINN: Rape, Abuse, and Incest National Network	800-656-4673	
Rape, Sexual assault and Incest Hotline	212-227-3000	
Sexual Assault Counseling and Services (SACIS)	888-345-2846	WWW.SACIS.NET
Hotline- Suicide Prevention		
Depression Hotline	630-482-9696	
National Hope Network	800-784-2433 800-442-4673	www.hopeline.com

National Suicide Prevention Lifeline	800-273-8255	Suicidepreventionlifeline.org
Suicide Prevention Hotline	800-784-2433	
RBHN	866-567-2400	
Hotline- Warm Lines		
Common Thread Warm Line 5pm- 10pm including holidays	800-316-9145	
Endinburg Center Warmline M-F 5pm- 10pm Saturday and Sunday 4pm-9pm	800-243-5836	
Greater Waterbury Peer Support Line	800-314-2680	
Illinois Warmline (IL) M-F	866-359-7953 press 2 then 5	www.mhselfhelp.org/warmlines.index/
KEYS Consumer Organizations- M-F 8am-5pm	800-933-5397	
Northern Valley TalkLine 4:30pm-9:30pm	855-582-5554	
Participation Station Peer Warmline NAMI M-Sat 5pm-9pm	877-840-5617	
Project Return Peer Support Network- Friendship Line	888-448-9777	www.prpsn.org
Project Return Peer Support Network-Friendship Line Spanish	888-448-4055	www.prpsn.org
Safe Harbor Warmline 5pm- 10pm	800-258-1528	
Sound View Warmline- 5pm- 10pm	800-921-0359	
Hotline- Youth		
Boys Town National Hotline	800-448-3000	www.boystown.org/hotline
CARES	800-345-9049	
GLBT National Youth Talk (M-F 4pm- 12am EST Sat 12pm- 5pm EST)	800-246-7743	
National Runaway Switchboard	800-786-2929	www.1800runaway.or_TextSAFE and your current location to 69866
Runaway Hotline	800-231-6946	
SPEAK UP	866-773-2587	
The Trevor Lifeline (bullying)	866-488-7386	