# Crawford County Social Services and Mental Health Resources

March 29

# 2016

- EMERGENCY
- ABUSE
- BASIC NEEDS
- FINANCIAL ASSISTANCE
- HOUSING
- MEDICAL
- MENTAL HEALTH SERVICES
- SUPPORT GROUPS
- TRANSPORTATION

This Directory has been compiled by members of the Crawford County Mental Health Association. For more information please visit our website at ccmha.org

For suggestions or revisions, please email:
dktracy@cchd.net or bjbranson@cchd.net

# EMERGENCY

## Emergency – Dial 911

## Local County Sheriff's Offices:

| | | | |
|---|---|---|---|
| Crawford County Sheriff | 203 S. Jefferson St. | Robinson, IL 62454 | 618-546-1515 |
| Jasper County Sheriff | 106 E. Morgan St. | Newton, IL 62448 | 618-783-3057 |
| Lawrence County Sherriff | 1306 Lexington Ave. | Lawrenceville, IL 62439 | 618-943-5766 |
| Richland County Sheriff | 211 W. Market St. | Olney, IL 62450 | 618-395-7481 |

## Local City Police Offices:

| | | | |
|---|---|---|---|
| Hutsonville Police Department | 113 S. Main St. | Hutsonville, IL 62433 | 618-563-4700 |
| Newton Police Department | 108 N. Van Buren | Newton, IL 62448 | 618-783-8478 |
| Oblong Police Department | 202 S. Range St. | Oblong, IL 62449 | 618-592-4715 |
| Palestine Police Department | 301 S. Main St. | Palestine, IL 62451 | 618-586-2464 |
| Robinson Police Department | 300 S. Lincoln | Robinson, IL 62454 | 618-544-2217 |

## Local Fire Departments:

| | | | |
|---|---|---|---|
| Annapolis Fire Department | | Annapolis, IL 62413 | 618-569-4911 |
| Flat Rock Fire Department | 205 S. Main St. | Flat Rock, IL 62427 | 618-584-3411 |
| Hutsonville Fire Department | | Hutsonville, IL 62433 | 618-563-4700 |
| Newton Fire Department | 106 E. Morgan St. | Newton, IL 62448 | 618-783-8477 |
| Oblong Fire Department | 111 W. Main St. | Oblong, IL 62449 | 618-592-4513 |
| Palestine Fire Department | 104 E. Harrison | Palestine, IL 62451 | 618-526-2122 |
| Robinson Fire Department | 400 S. Jackson | Robinson, IL 62454 | 618-544-2955 |

## Mental Health:

Southeastern Illinois Counseling Center Crisis Number: 618-395-5026

## Poison Control:

For a poison emergency in the United States call: 800-222-1222

# ABUSE

**Adult Protective Services**
888-715-6260

**Aging Senior and Elder Abuse Hotline**
800-252-8966
800-279-0400

**CAISA (Counseling and Information for Sexual Assault and Abuse)**
10499 N. State Hwy, Robinson, IL 62454
618-544-9379
Crisis Line: 866-288-4888

**Child Abuse and Neglect Helpline**
800-252-2873

**Child Advocacy Center / Healing Harbors**
Teresa Miller, Executive Director
1108 N. Allen, Robinson, IL 62454
618-262-1609

**Crime Victims Assistance Line**
800-228-3368

**DCFS (Department of Children and Family Services)**
618-393-2015
800-252-2873

**Domestic Violence Assistance Line**
800-799-SAFE

**Drug Abuse**
800-Cocaine

**Nursing Home Information and Abuse**
800-252-4343

**Public Aid/Medicaid Fraud and Abuse**
618-544-3151
800-843-6154

**Rape Action Hotline**
800-334-2094

**Sexual Assault and Abuse**
Counseling and Information for Sexual Assault and Abuse
10499 N. St. Hwy 1, Robinson, IL 62454
618-544-9379
866-288-4888

**SWAN (Stopping Woman Abuse Now)**
618-392-3556
888-715-6260

# BASIC NEEDS - FOOD

**Food Pantries**
Otterbein United Methodist Church
602 E. Pine, Robinson, IL 62454
618-544-7617
Monday and Thursday 1 to 2 p.m.
Not open on 5th Monday or Thursday or Holidays

Palestine Community Food Bank
422 E. Grand Prairie, Palestine, IL 62451
Sue Richardson 618-586-2149 or 618-553-2149 / Julie Brooks 618-544-7195 or 618-599-0582
Gene Purcell 618-562-6588
Every Monday 1 to 3 p.m.
Every Wednesday 5 to 6 p.m.

Central United Methodist Church
112 North Range, Oblong, IL 62449
618-592-3217
Every 3rd Monday 8:30 to 10:30 a.m.

**Soup Kitchen/Free Meals**
Ark of the Covenant
503 E. Hazel Street, Robinson, IL 62454
618-544-5761 or 812-697-2116
2nd and 4th Thursday 3 to 6 p.m.

# SHELTER

**Homeless Shelter (SWAN)**
Olney, IL
618-392-3556 or 888-715-6260

**Our Father's House – Housing and Homeless Shelter - Religious Organization**
P.O. Box 78 Robinson, IL 62454 Cell (618) 544-1465 Cindy Hayes (217) 279-3682
*****(currently being developed with seven Board members representing six churches)

**Lighthouse Mission**
Terre Haute, IN
For men, married, and children 812-232-7001
For women and children – Conner Center 812-466-3867

**SWAN/Adult Protective Servives** (In addition to shelter, they provide legal advocates, orders of protection, etc.)
Olney, IL
618-392-3556 or 888-715-6260

**Safe Families for Children**
Roger Balfour/So. IL. SFFC Director Baptist Children's Home & Family Services (618) 382-4164
www.safe-families.org/

*Safe Families for Children offers a safe place for children of families who are experiencing problems such as family illness or severe poverty, who are at risk for abuse and neglect in their home environment or whose parents are unable to care for them in a time of crisis.

## CLOTHING/HOUSEHOLD SUPPLIES/FURNITURE

Crawford County Clothing Center
12767 E. 1050th Ave., Robinson, IL 62454
618-544-7644
Monday 1 to 3 p.m.
Tues, Thurs, Friday 9 a.m. to 11 am. and 1 to 3 p.m.

Heartland Helping Hands
Heartland Baptist Church, Hutsonville, IL 62433
Wednesday 6:00 to 7:30 p.m. or by appointment 618-563-9991

Janet's Giveaway
115 S. Main, Palestine, IL 618-562-0555
Monday and Friday 9 a.m. to 4 p.m.
Tuesday and Thursday 12 to 6 p.m.
Saturday 10 a.m. to 1 p.m.

Karen's Krazy Giveaway Krew
Karen Bowman
202 E. Poplar
Robinson, IL 62454
618-554-6405 – call after 1:30 p.m. for store hours

## FINANCIAL/UTILITY/MEDICINE ASSISTANCE

Benevolence Fund/Salvation Army
St. Elizabeth Catholic Church (Carol Ryan)
207 S. Webster, Robinson, IL 62454
618-544-4026
Monday only 10 a.m. to 12 p.m.

Catholic Charities
St. Elizabeth Catholic Church
207 S. Webster, Robinson, IL 62454
618-544-4026
Financial assistance for medication and basic needs, including rent and utilities, as funds are available.
First and third Monday from 12:30 p.m. to 2:30 p.m.

Department of Human Services (DHS)
1110 N. Allen, Robinson, IL 62454
618-544-3151

Embarrass River Basin Agency (ERBA)
100 Washington, Robinson, IL 62454
618-544-8780

Robinson Township
200 W. Chestnut, Robinson, IL 62454
618-546-5414

# HOUSING

**Section 8 Housing**
(Menard County Housing Authority)
217-632-7723

**MACO Management**
618-544-8645

**Quality Housing**
618-544-2254

**Meadows Apartment**
618-546-5518

**Lawrence County Housing Authority**
618-943-4762

**Richland County Housing Authority**
618-395-2571

## Assisted Living Facilities:

| | | | |
|---|---|---|---|
| Brookstone Estates | 1101 N. Monroe | Robinson, IL 62454 | 618-544-4663 |
| Timber Creek Village | 1302 W. Highland | Robinson, IL 62454 | 618-544-8877 |

## Nursing Homes:

| | | | |
|---|---|---|---|
| Heritage Health | 600 E. Robinwood Dr. | Robinson, IL 62454 | 618-544-3192 |
| Magnolia Center | 1000 N. Allen | Robinson, IL 62454 | 618-546-2569 |
| Ridgeview Care Center | 413 Ridge Lane | Oblong, IL 62449 | 618-592-4228 |
| United Methodist Village | 2101 James Street | Lawrenceville, IL 62439 | 618-943-3444 |

# MEDICAL

## Local Hospitals:

| | | | |
|---|---|---|---|
| Crawford Memorial Hospital | 1000 N. Allen St. | Robinson, IL 62454 | 618-544-3131 |
| Good Samaritan Hospital | 520 S. 7th St. | Vincennes, IN 47591 | 812-882-5220 |
| Lawrence County Memorial | 2200 State Street | Lawrenceville, IL 62439 | 618-943-1000 |
| Regional Hospital | 3901 S. 7th St. | Terre Haute, IN 47802 | 812-232-0021 |
| Richland Memorial Hospital | 800 E. Locust St. | Olney, IL 62450 | 618-395-2131 |
| Union Hospital | 1606 N. 7th St. | Terre Haute, IN 47804 | 812-238-7000 |

## Rural Health Clinics:

| | | | |
|---|---|---|---|
| Centralized Scheduling | | | 618-544-8500 |
| CMH Rural Health Clinic | 209 E. Grand Prairie | Palestine, IL 62451 | 618-586-2153 |
| CMH Rural Health Clinic | 1366 E. 1050th Ave. | Oblong, IL 62449 | 618-592-3119 |
| CMH Rural Health Clinic | 1101 N. Allen | Robinson, IL 62454 | 618-544-3125 |

## Free Medical Clinic:

| | | | |
|---|---|---|---|
| Saint Ann Clinic | 1436 Locust St. | Terre Haute, IN 47807 | 812-232-7447 |
| Open Tuesday and Wednesday - Come before 9 a.m. Indiana time, sign in and then return at 12:30 p.m. Indiana time to get a number and wait to be called to see a doctor. | | | |

## Public Health:

| | | | |
|---|---|---|---|
| Crawford County Health Dept. | 202 N. Christopher Blvd. | Robinson, IL 62454 | 618-544-8798 |
| Open Monday. Wednesday, and Thursday 8 a.m. to 5 p.m.<br>Open Tuesday 8 a.m. to 7 p.m.<br>Walk-in Immunization clinics held each Monday from 8 to 11 a.m. (except holidays) | | | |

## Crawford County Medical Reserve Corps

| | | | |
|---|---|---|---|
| Jerica Robinson, ER Coordinator<br>Crawford County Health Dept. | 202 N. Christopher Blvd. | Robinson, IL 62454 | 618-544-8798 |

## Dental Assistance:

For dentists accepting Illinois Medicaid Card contact Dentaquest at 888-286-2447

## Eyeglass Assistance:

Lion's Club (Tom Bailey) 618-544-8707 or 544-9599

## Social Services:

| | | | |
|---|---|---|---|
| Krissi Murbarger<br>Crawford Memorial Hospital | 1101 N. Allen | Robinson, IL 62454 | 618-544-3131 |
| Advance Directives/DRN forms, etc. | | | |

# MENTAL HEALTH SERVICES

**Southeastern Illinois Counseling Center**
204 W. Highland Ave., Robinson, IL 62454
Counseling Center: 618-546-1021
Crisis: 618-395-5026
Cares Line (Emergency help for children to age 21): 800-345-9049

- Crisis intervention, counseling, substance abuse, case management
- All ages; Sliding scale fees

**Catholic Charities**
Crawford County Health Department, 202 N. Christopher Blvd., Robinson, IL 62454
217-857-1458 (Theresa Loy at Ext. 104 or Kendra Franklin at Ext. 105)

- Wednesday only 8:00 a.m. to 5:00 p.m. by appointment

**Crawford Memorial Hospital**
Valerie Weck, Ph.D
CMH Rural Health Clinic, 1366 E. 1050th Avenue, Oblong, IL 62449
618-592-3119

- Tuesday and Wednesday
- Individual and Couple Counseling

**Psychology Specialists, Inc.**
Jodi Wiman, LCPC, 103 West Main, Suite 5, Oblong, IL 62449
Melissa Semplel, LCPC, Newton and Effingham
Nikki Uhlmann, LCSW, Olney
618-592-3116

- Individual, family, couple counseling; general mental health, pain management, psychological testing and evaluation

**Rich Swisher, MSW, LCSW**
Agape Christian Counseling
Highland Church of Christ, 500 W. Highland, Robinson, IL 62454
618-553-2622

- Hours: Monday and Wednesday 5:30 to 8:30 p.m.; Friday 8:00 a.m. to 5:30 p.m.; Saturday and Sunday by appointment.
- Christian Counseling, Grief Counseling, Addictions, Individual, Couple, Family Counseling, Marriage and Group Counseling

**Barbara Wilson, MA, Licensed Clinical Professional Counselor**
208 W. Missouri St., Oblong, IL 62449
618-592-3689

- General mental health, specialization in trauma/abuse utilizing EMDR, Abuse, Crisis Debriefing, Dissociative Disorders
- Adolescents (10+) and Adults; sliding scale fees

**Fred White, Ph.D**
12691 Salukis Rd., Sumner, IL  618-936-251
- Christian Counseling
- Individual, Couple, Family Counseling

**Regroup Therapy**
(Telecounseling service for providers)
www.regrouptherapy.com

**Southeastern Illinois Counseling Centers, Inc.**
Family Counseling Center
1501 Olive Street, Lawrenceville, IL  62439
618-943-3451

**Lawrence County Behavioral Health**
Lawrence County Health Department, 11020 State Rd. 250, Lawrenceville, IL  62439
618-943-3754

**Jasper County Counseling Center**
Jasper County Health Department, 106 Edwards Street, Newton, IL  62448
618-783-4154

# SUPPORT GROUPS

## Alcoholics Anonymous Meeting Locations:

| | | | |
|---|---|---|---|
| Highland Church of Christ | 500 W. Highland Ave. | Robinson, IL 62454 | 618-592-4541 |
| • Mondays at 7 p.m. | | | |
| Our Redeemer Lutheran Church | 801 W. Emmons | Robinson, IL 62454 | |
| • Fridays at 7:30 p.m. | | | |
| Free Methodist Church | 201 E. Reynolds | Newton, IL 62448 | |
| • Thursday at 7:30 p.m. | | | |

## Al-Anon:

| |
|---|
| Robinson – call Karon at 618-569-5416 for meeting time and place |
| Willow Hill – Willow Hill United Methodist Church Thursdays at 7:00 p.m. |

## Alzheimer's Support Group (for Caregivers):

| | | | |
|---|---|---|---|
| Debbie Weger (Contact) | 500 W. Highland Ave. | Robinson, IL 62454 | 618-546-5625 |
| | | | 618-544-3332 |
| | | HOTLINE: | 800-272-3900 |
| • Meets the third Thursday of each month at 4:15 at Highland Church of Christ | | | |

## Diabetes Support Group:

| | | | |
|---|---|---|---|
| Crawford Memorial Hospital<br>Emily Schutte | 1000 N. Allen | Robinson, IL 62454 | 618-546-2459 |
| • Meets third Monday of each month at 1:30 p.m. and 5:30 p.m. (CMH VC Room #2) | | | |

## Divorce Care Weekly Group:

| | | | |
|---|---|---|---|
| Otterbein United Methodist | 602 E. Pine | Robinson, IL 62454 | 618-544-7617 |
| • Please telephone church for meeting time | | | |

## Grief Support Group:

| | | | |
|---|---|---|---|
| Goodwine Resource Center | 209 W. Main St. | Robinson, IL 62454 | 618-335-5370 |

## Narcotics Anonymous:

| | | | |
|---|---|---|---|
| First United Methodist Church | 201 W. Walnut | Robinson, IL | |
| • Every Thursday at 7 p.m. | | | |
| • Call Martha 554-6915 or Joe 421-2217 | | | |

# TRANSPORTATION

**Rides Mass Transit**
1307 W. Mulberry
Robinson, IL 62454
618-544-8800

**First Transit**
Medicaid Prior Approval
1-866-389-7536
(Have Medicaid #, location, date and phone number where you are going)